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Did the COVID Unvaccinated Fare Better or Worse Than the Vaccinated? The Results Are In

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16-20 minutes

After the [fast spread](#) of the pandemic of the coronavirus disease 2019 (COVID-19) from China to the Western world, several large pharmaceutical companies [quickly invented and](#)

[manufactured](#) COVID-19 vaccines, which were then made available to the public through emergency use authorization (EUA). And in late 2020, people around the world started to receive these vaccines.

According to [Our World in Data](#), to date, [67.9 percent](#) of the world population has received at least one dose of a COVID-19 vaccine. While only [22.5 percent](#) of people in low-income countries have received a dose of a COVID-19 vaccine, the vaccination rates of developed countries are generally high—typically around 80 percent. For instance, the COVID-19 vaccination rates of the G7 countries

are: 79.19 percent in the United States, 86.96 percent in Canada, 80.92 percent in France, 77.66 percent in Germany, 85.82 percent in Italy, 83.60 percent in Japan, and 79.97 percent in the UK.

However, in all countries and regions around the world, there are people who elect not to receive the COVID-19 vaccines for various reasons. They are a naturally occurring control group, as opposed to the vaccinated population (i.e. the experimental group). Indeed, the whole COVID-19 vaccine campaigns can be regarded as the unprecedented largest human clinical trials on vaccine safety, by design or

not, as the vaccines' long term safety data was not available when they were provided to people under EUA. Then, the [unvaccinated](#) population in different parts of the world are very unique large control groups in such a global clinical trial.

Due to the highly valuable health data of this unvaccinated population, between October 2021 and February 2022, a UK-based organization called Control Group Cooperative (CGC) independently collected their self-reported data on their health status, reasons for declining to receive the COVID-19 vaccines, whether they have been infected by the SARS-

CoV-2 virus, the severity of their symptoms for the ones that did get infected, and whether they've been subject to discrimination or victimization.

These data have then been analyzed by a team of researchers, who are entirely independent of the CGC and have received no funding for interpreting the findings of the CGC survey. Their recent report on their findings has been [published](#) on the International Journal of Vaccine Theory, Practice, and Research, which is a peer-reviewed scholarly open access journal.

What Is the Control Group

Cooperative?

The [Control Group Cooperative](#) was founded in July 2021 to defend people's inalienable rights to freedom of choice and bodily integrity. Actually, one of the core principles in public health is the respect of autonomy. The group is particularly concerned with the marginalization and stigmatization of COVID-19 unvaccinated communities around the world. The stakeholders of the cooperative believe that they are making a positive contribution to society by [collecting health data](#) from both the SARS-CoV-2 vaccinated and the unvaccinated to facilitate a truly comparative analysis.

Their rationale is that there is no existing official control group designated by the governments or health authorities. However, since all the existing COVID-19 vaccines are experimental, and a true scientific experiment (i.e. a controlled experiment) requires at least one group (i.e. the control group) that doesn't receive the experimental treatment, then the COVID-19 vaccine treatments must have a control group as well in order to properly evaluate their long-term efficacy and safety.

As of now, over 305,000 participants who have voluntarily elected to not be inoculated with COVID-19 vaccines,

from over 175 countries have signed up to become part of the control group.

By joining the control group, the participants receive an ID card, which indicates that they “must not be vaccinated” due to their participation.

The CGC stated on its website that this ID card is “not an official or legal exemption in any country.” Although these ID cards aren’t recognized by any authorities, many participants have reported that they had helped them avoid vaccination without informed consent, supported their position, and facilitated discussion with others.

Some governments and media personnel have tried to discredit the

CGC by calling it a “potential scam.” For instance, upon discovering several ID cards issued by the CGC, the provincial government of Manitoba in Canada [posted](#) on its Twitter account that “data collected through the platform could not be used in an official trial to compare vaccinated and unvaccinated people,” as [per](#) a UK health body. However, the UK’s Medicines and Health Care products Regulatory Agency stated that the collection of health data from the public does not need its [approval](#).

To be fair, it is very hard to evaluate the accuracy of the survey results from such a large scale global survey. It is

also very challenging to evaluate whether the volunteers in this study are heavily biased or not. But, there is no clinical trial that could be designed at such a global scale, and the world needs the health data regarding this population. Therefore, even though the results from this study cannot be as well-designed as a regular clinical trial, the merit of this study cannot be simply denied for providing such valuable data from unique angles.

Findings of an Independent Analysis of the CGC Survey

When joining the CGC's control group, the participants agree to fill out a

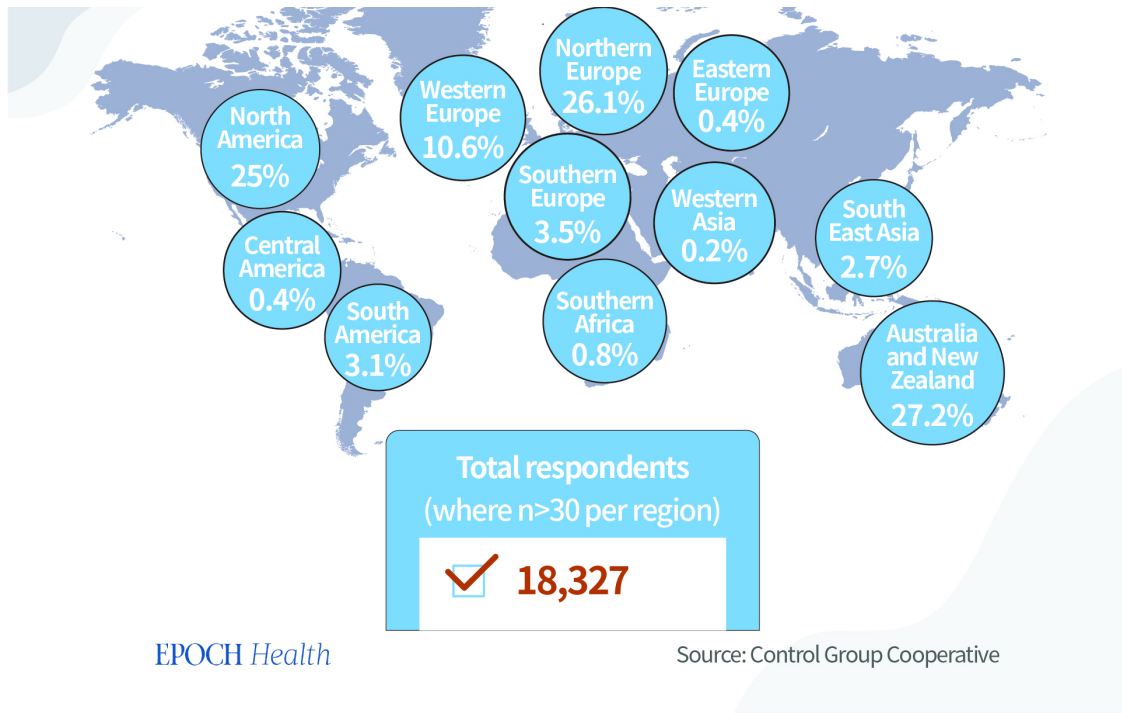
monthly survey about their health status.

The aforementioned analysis was performed by a multinational team of independent researchers on the data collected from a cohort over a five month period from October 2021 to February 2022.

This cohort of 18,497 people is a subgroup of all participants (297,618 people as of late February 2022), and they had been carefully selected to be representative of the full dataset.

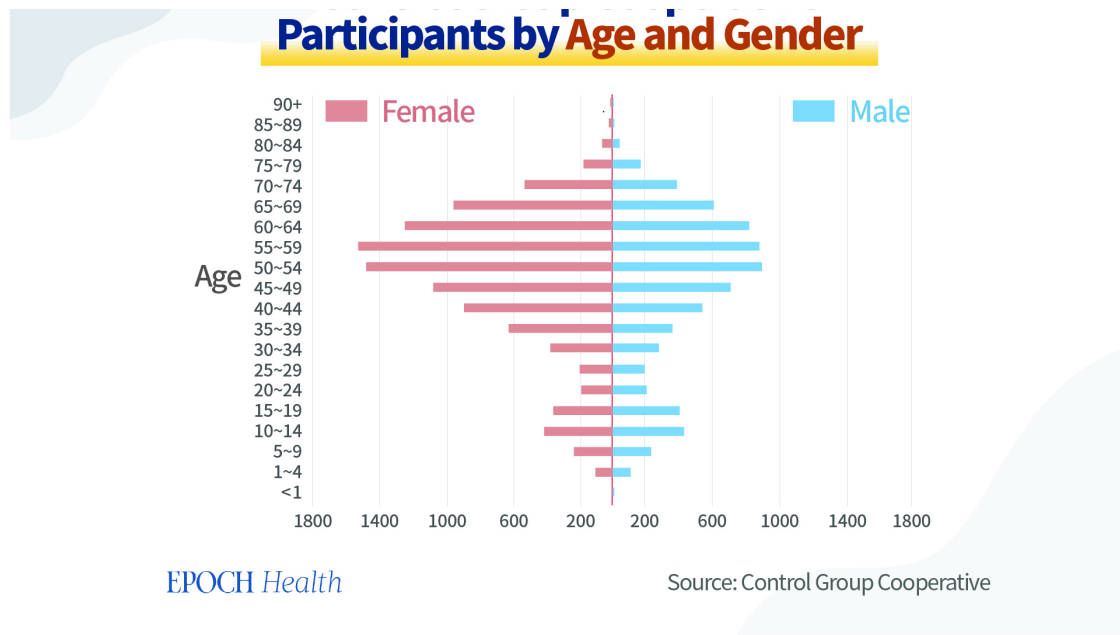
Geographic Distribution of the Unvaccinated Communities

Control Group Cooperative Participants by Region



In the cohort, the largest unvaccinated populations are from Europe (40 percent), Oceania (Australia and New Zealand; 27 percent), and North America (United States and Canada; 25 percent). The respondents are from a total of 68 countries and six continents.

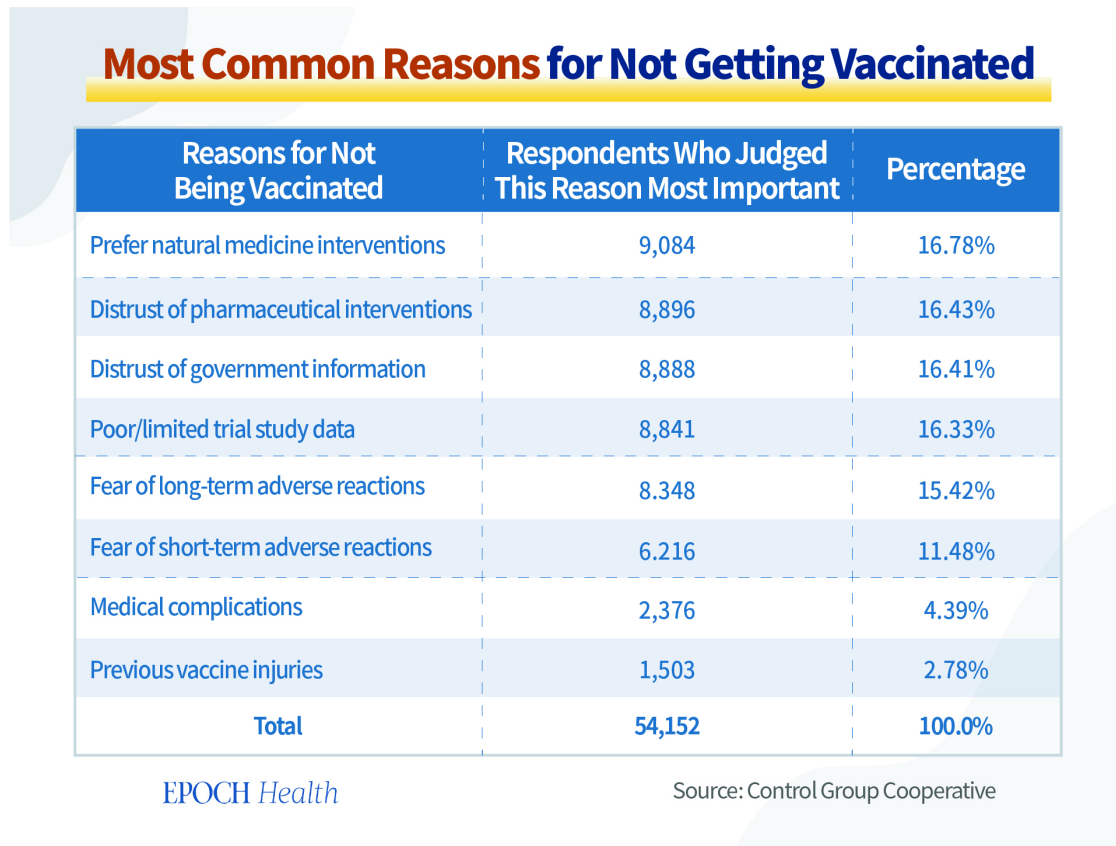
Age Group and Gender



Among the 96.3 percent of the survey participants who disclosed their gender, 57 percent were female, and 43 percent were male. The largest numbers of respondents were found in the 50 to 69 age group, who are considered by the health authorities as at a higher risk of COVID-19 infection and severe illness/death after infection than the general public. The number of participants between the ages of 40

and 49 was also relatively large.

Top Reasons for Not Receiving COVID-19 Vaccines



According to the survey, the five leading reasons behind the cohort’s decision to not receive COVID-19 vaccines include preference for natural medicine interventions, distrust of

pharmaceutical interventions, distrust of government information on the vaccines, poor or limited trial study data, and fear of long-term side effects. They were of nearly equal importance. Each respondent could select more than one reason that he/she considered equally important.

From the results, we can see that the participants were not refusing medical treatment, nor were they not caring of their own health, as sometimes portrayed by the media and/or authorities. To these unvaccinated people, they just did not think that there is only one way (the vaccine way) to help them medically, and they have

been reasonably conservative in taking new vaccine products. No scientist in the world can claim that we understand every aspect of the new vaccine products.

Furthermore, since vaccine development in the past took [10 to 15 years on average](#) to complete, many people are skeptical of the COVID-19 vaccines, which were invented [so quickly](#) by several major pharmaceutical companies (Pfizer, Moderna, Johnson & Johnson) after receiving hefty funding from the U.S., German, and other governments. Moreover, the messenger RNA (mRNA) platform, based on which the

Pfizer and Moderna COVID-19 vaccines were invented, is a new technology, which hadn't been used to produce vaccines previously.

Even before the vaccines were implemented, people knew that RNA molecules were unstable in the human body. However, the mRNA generated in the new vaccines have been modified to keep them more stable.

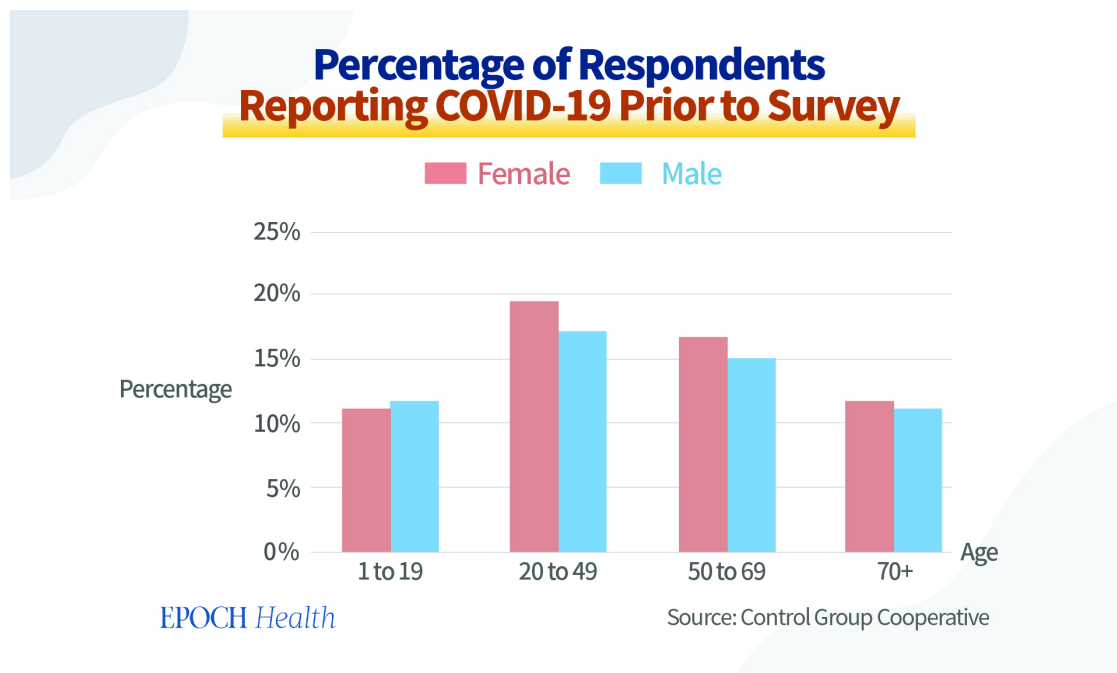
Therefore, we don't know whether any side effects from these modified mRNA molecules would be immediate, delayed, transient, or long term.

Therefore, it's reasonable for some people to want to wait and see the long-term effects of these new mRNA

vaccines and to not trust their limited trial data.

Physical and Mental Health Status of the Unvaccinated Cohort

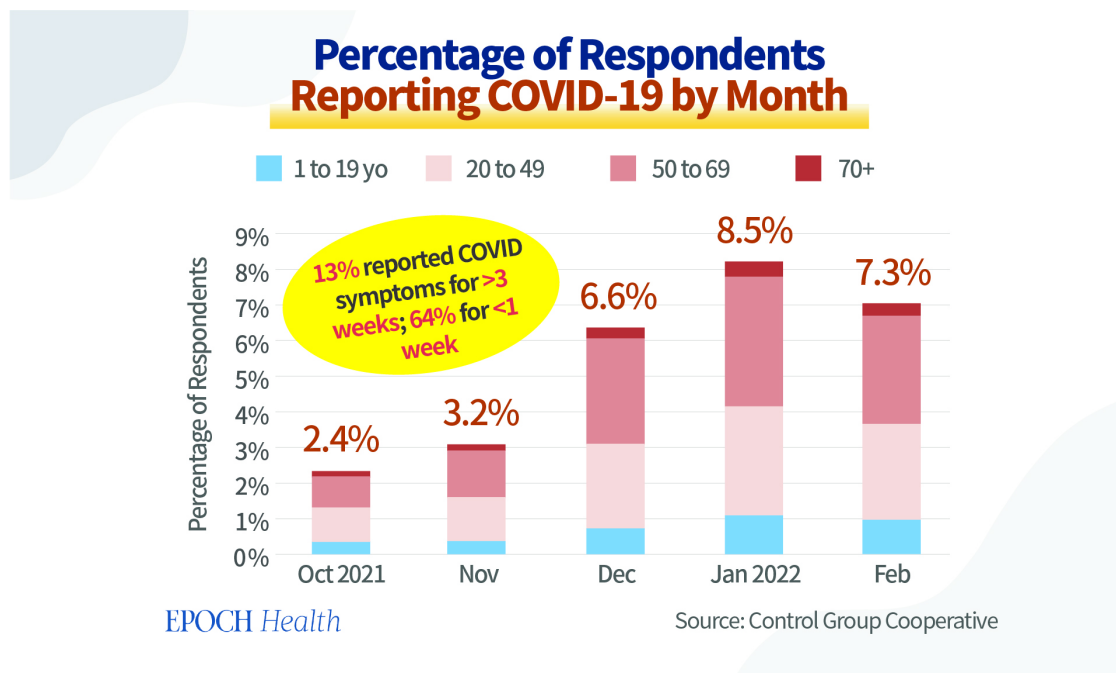
1) COVID-19 infection before survey



Prior to taking the survey, less than 20 percent of the participants had been infected by the SARS-CoV-2 virus, with

the majority of the people aging from 20 to 69 years old.

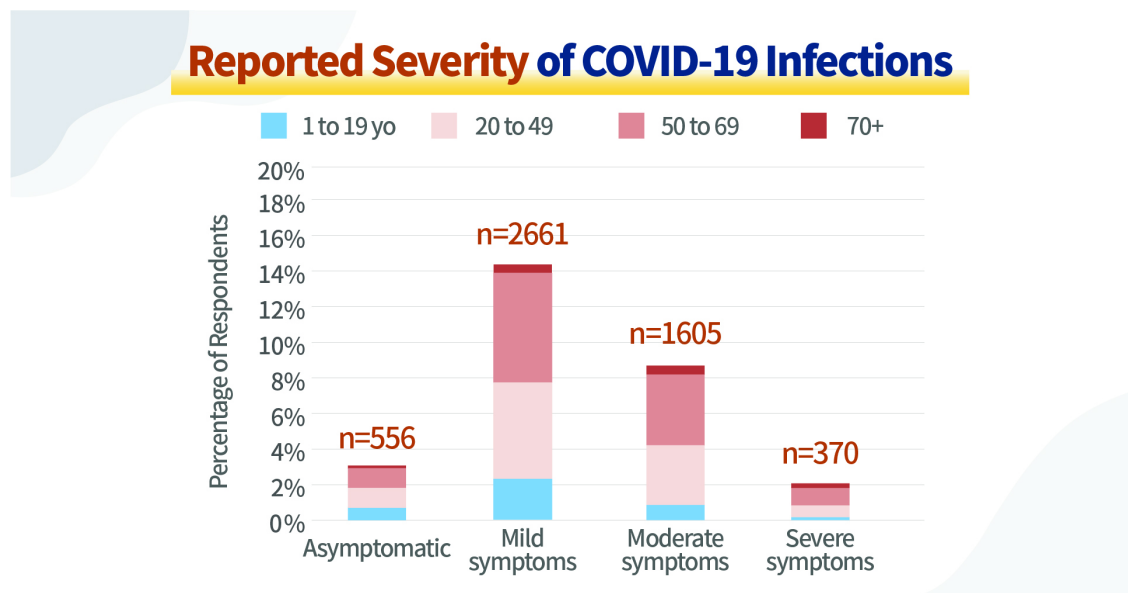
2) COVID-19 infection during five month period



During the five month period from October 2021 through February 2022, in most parts of the world, the highly transmissible Omicron variant became the most prevalent strain, replacing the previously dominant Delta variant. As a result, many people became infected.

Most respondents reporting suspected or confirmed COVID-19 infection on the survey questionnaire were between 20 to 69 years old, which is consistent with the infection situation prior to the survey. Specifically, the age group from 20 to 49 years old accounted for 10.7 percent of the respondents; and the age group from 50 to 69 years old accounted for 12.3 percent.

3) Severe illness situation of the infected respondents



Given that society had found no way to stop the spread of the Omicron variant, many were infected during this time period—this included many asymptomatic infections. Therefore, our main concern is with the respondents of the cohort who were seriously ill and/or hospitalized.

Fortunately, in the vast majority of the cases, the patients' symptoms were mild and moderate. The rate of severe illness appeared to be very low (around 2 percent of all respondents). Only 74 individuals among the 5,196 (1.4 percent) confirmed or suspected infected respondents reported that they were hospitalized. This percentage

might not be very accurate, as people who are very sick or hospitalized might not be healthy enough or willing to participate in this kind of survey. So, objectively, this kind of survey will have data skewing towards more healthy targets.

Nevertheless, the data here still indicates that this group of unvaccinated people were not more prone to the infection by Omicron, even though they were not protected by the vaccines. Otherwise, the percentage of infection and hospitalization rates among this group of people would be much higher. Therefore, this is a very important piece of data, as well as the

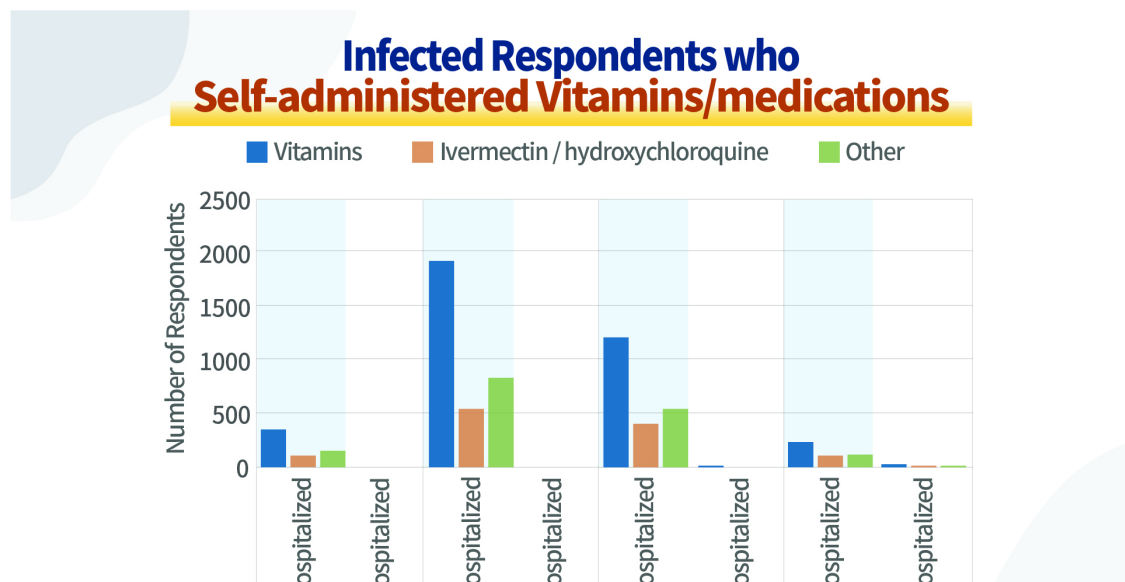
core observation in this study.

However, in the above graph, there are no data on the number of deaths, as the deceased wouldn't be able to self-report their cases. Since it's simply impossible to know the number of deaths with the survey design, some may criticize the findings as not authoritative, because these cases were not confirmed by doctors.

Nevertheless, judging from the small portion of patients with severe illness among the infected cohorts in this group, it is fair to estimate that disease progression upon Omicron infection does not correlate with the vaccination status.

Also, among the infected respondents, the leading symptoms include fatigue, cough, muscle or body aches, fever, and loss of taste, with most of them being reported by participants in the 50 to 69 years old age group. Most likely, age and underlying medical conditions would be the main factors leading to disease progression.

Self-administration of Vitamins and Medicines



Noth	H	Noth	H	Noth	H	Noth	H
Generally well		Mild		Moderate		Severe	

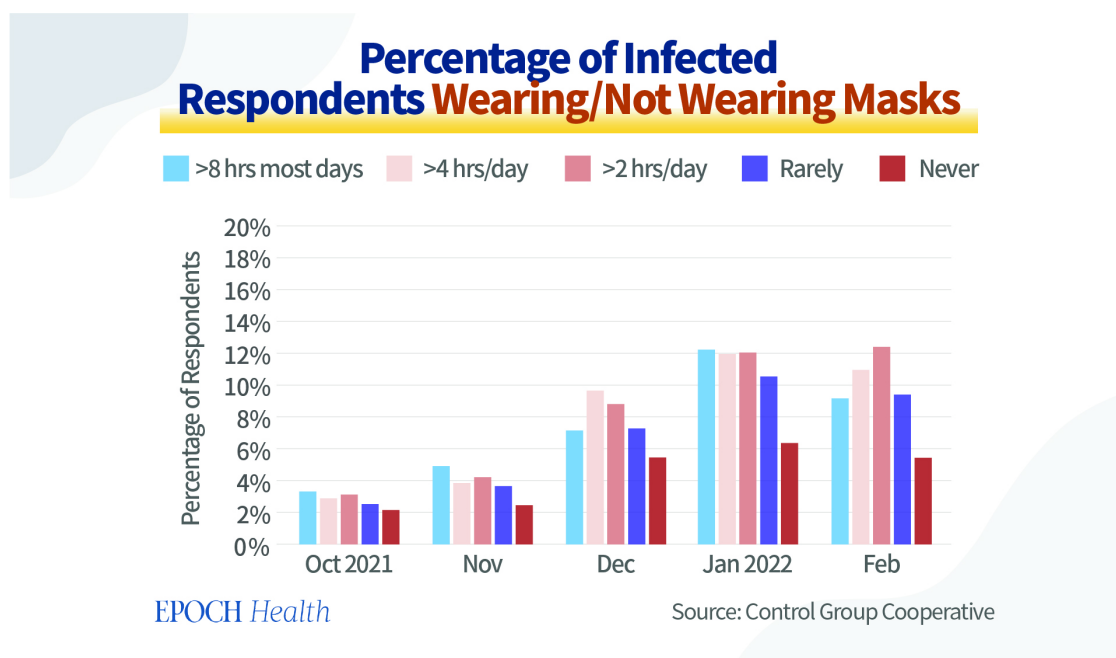
EPOCH Health

Source: Control Group Cooperative

Although the Food and Drug Administration (FDA) and health authorities in some other countries haven't approved the use of ivermectin or hydroxychloroquine, some respondents believed that there were significant volume of [medical study data](#) to suggest that these drugs were effective at treating COVID-19 disease, and some clinicians said that from their own experience that they had helped many of their patients with these drugs. As a result, some did use these drugs to combat their COVID-19 infection. Also, most people took vitamins, as they can be very helpful in boosting the

immune system. So it is clear that they had been taking an active approach to prevention and treatment, not simply ignoring the threats of COVID.

Mask-wearing Situation of Infected Respondents



The fact that these participants were not vaccinated doesn't imply that they were not concerned about their own health or others' health. In reality, many

of them were very conscious of their health and personal hygiene practices to stop the spread of COVID-19.

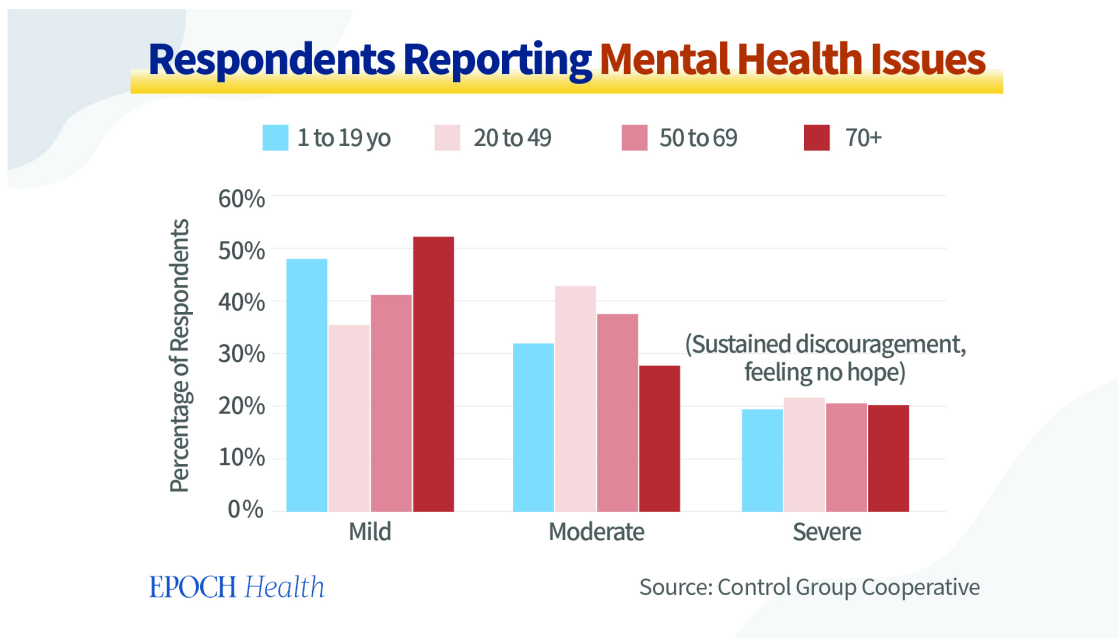
Many people stereotype the unvaccinated people as a group who doesn't care about their lives or health, as they do not wear masks nor take any precautions to avoid infecting others. However, the data on the graph clearly showed that many of these unvaccinated people also wore masks for long periods in a day. And the data here do not imply any causal relationship between mask wearing and COVID-19 incidence.

Discrimination Faced by Unvaccinated Control Group

Some media personnel, authority figures, and government agencies have asserted that the unvaccinated [pose a risk](#) to the vaccinated individuals. In November 2021, Professor Gunter Kampf [explained in his article](#) published in The Lancet that even vaccinated individuals would continue to spread the SARS-CoV-2 virus. Therefore, the stigmatization of the unvaccinated people cannot be justified scientifically.

However, several countries had imposed a COVID-19 [vaccine mandate](#) on their adult populations. Many other countries, such as the U.S., Canada, and France, require federal workers,

healthcare workers, and/or employees of certain professions to receive COVID-19 vaccines. The ones who still declined to get jabbed would lose their jobs.



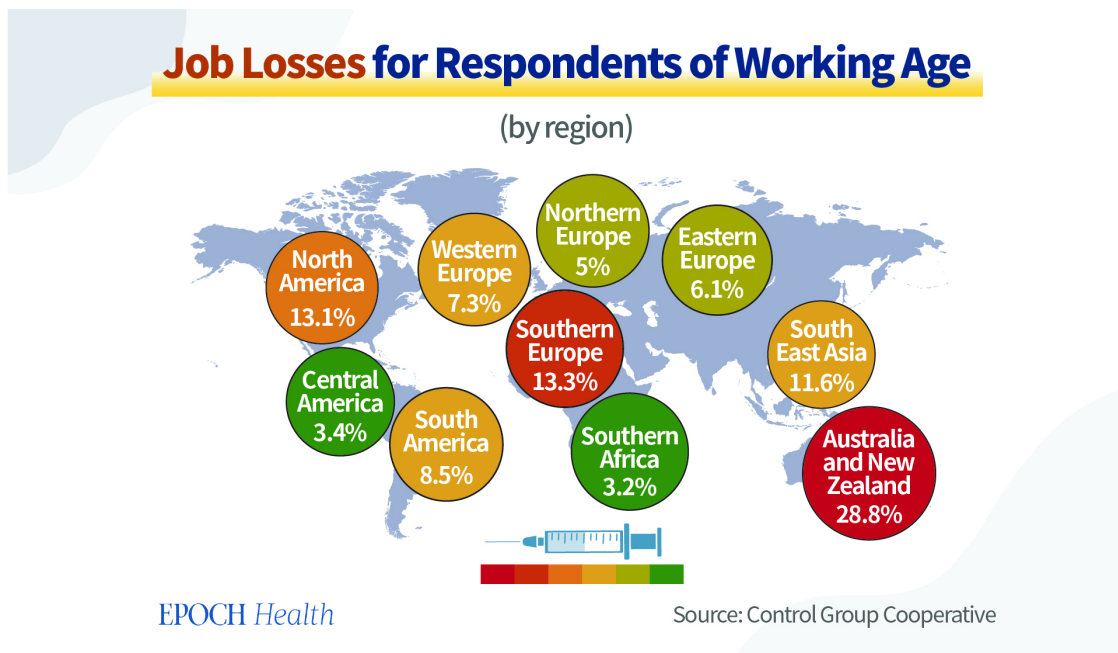
The survey also asked the respondents to indicate whether or not they felt discriminated against by their authorities or other people. Between 20 and almost 50 percent of respondents reported being victimized. The regions

with the highest rates of reported discrimination were Southern Europe, South America, Western Europe, Oceania, and Southern Africa. These participants have been discriminated against by policy or by other people in all aspects of life, including work, study, and travel.

Job Losses for Participants of Working Age

For the purpose of the survey, people aged 20 to 69 years old were considered of the working age. The highest rates of job losses were reported in Oceania (29 percent of working-age respondents), North

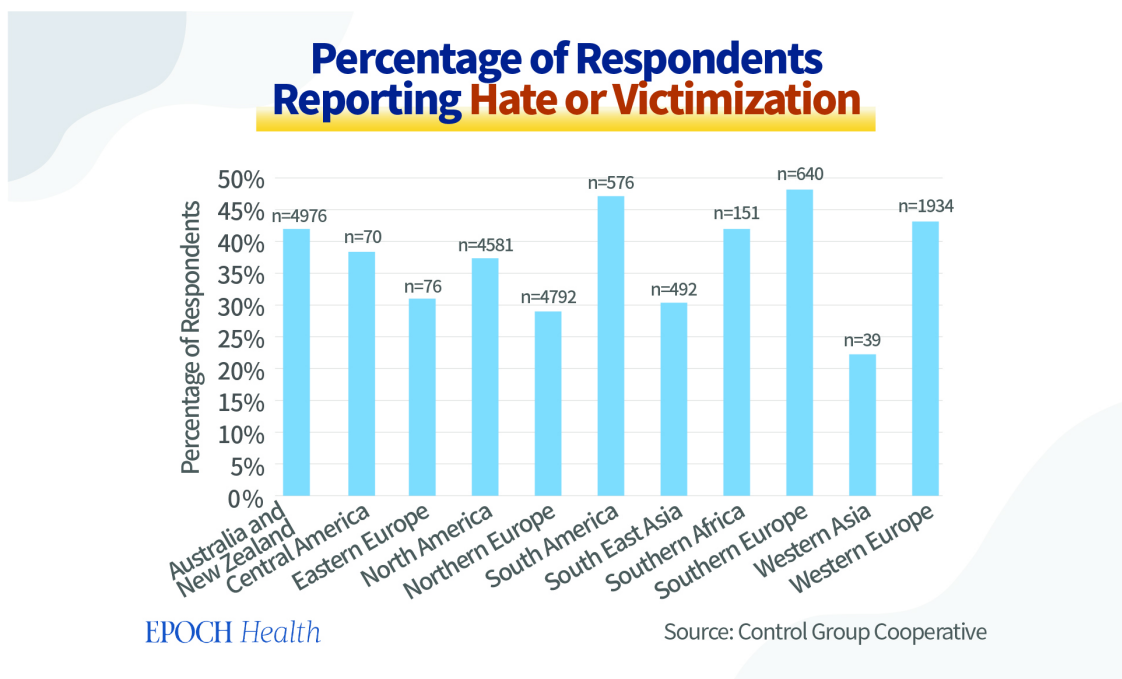
America (13 percent), Southern Europe (13 percent), and Southeast Asia (12 percent). Although the report didn't indicate whether the job losses could be entirely attributed to the vaccine mandates, it's quite possible that some people would lose jobs due to their refusal to receive the COVID-19 vaccines.



Mental Health Status of the

Unvaccinated Cohort

Also, although the majority of the unvaccinated respondents didn't suffer from infection/severe illness, would the stress from vaccine mandates/requirements hurt them psychologically?



Their mental health status was self-assessed. Only 12 percent of the participants believed “life is great”

during the 5-month period, while around 20 percent of respondents in all age groups were suffering from sustained discouragement and feeling that there's no hope. Therefore, based on the statistics, a significant proportion of the participants were suffering from emotional distress.

This is also a very noteworthy issue, although the study did not show that mental stress was only caused by discrimination. Anyone who has been subjected to restrictions from all aspects of life, discrimination, and/or even hostility from others for a long period of time can suffer a great deal of mental stress.

In summary, this study provides the unique data about the unvaccinated “control group” under the global gigantic experiment to mass vaccinate the population with newly developed vaccines with new technologies.

It also provides an important reference for public health practitioners to evaluate the policy decision making process in terms of the impacts of certain policies to different communities. For instance, in public health emergencies, there are often dilemmas in terms of public health ethics considerations. But we still need to ask: Are we sticking to “do no harm” ethical standards?